



Lake Orion High School's First

Boys/Girls Powerlifting Meet

January 23, 2010

7:30 am Registration

(runs to 4:30-5:00pm)

* We are in need of volunteers to make this event successfull. If you are interested in helping please email JoJo at dragonpepp10@aol.com (that's the new email) jblackstock@lakeorion.k12.mi.us sludwig@lakeorion.k12.mi.us

State Meet in Grand Rapids

March 20, 2009